

### III T – j.angielski – podstawowy

**!!!! ZADANIE** : Do the following exercises, please.

*Send your work till* May 4<sup>th</sup> 2020.

*Proszę przesłać prace do* 04.05.2020 r.

#### 1 Choose the correct answer: A, B, C or D.

1 Which of these is not seafood?

- A crab
- B lobster
- C octopus
- D pea

3 Which of these is not a kind of meat?

- A flour
- B lamb
- C turkey
- D pork

5 Which of these is not used for cooking?

- A frying pan
- B kettle
- C saucepan
- D saucer

2 Which of these vegetables is not green?

- A broccoli
- B carrot
- C cucumber
- D lettuce

4 Which of these is not sweet?

- A biscuit
- B honey
- C crisps
- D jam

6 Which of these do you not roast?

- A cake
- B beef
- C turkey
- D vegetables

#### 2 Complete the text with the correct words. The first letters have been given.

I'm going to give you an easy (1) r\_\_\_\_\_ for a salad. All you need is some cabbage, onions, cheese, and a (2) t\_\_\_\_\_ of tuna. (3) C\_\_\_\_\_ the cabbage and the onions and put them into a bowl together with the fish. For the dressing, (4) g\_\_\_\_\_ the cheese and mix it with (5) m\_\_\_\_\_ and season to taste. The dressing is quite (6) m\_\_\_\_\_ – if you want it more spicy, add extra pepper. Sprinkle with fresh (7) h\_\_\_\_\_ of your choice – oregano, basil, parsley – and serve immediately.

#### 3 Match words 1–7 with words A–I to form collocations. There are two extra words in the second column which do not fit any expressions from the first column.

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|-----------------|-------------|
| 1 full English  | A pear      |
| 2 well-balanced | B meat      |
| 3 a celebrity   | C milk      |
| 4 a wine        | D breakfast |
| 5 undercooked   | E crisps    |
| 6 skimmed       | F list      |
| 7 a packet of   | G diet      |
|                 | H soup      |
|                 | I chef      |

**1 Przeczytaj trzy teksty dotyczące zaburzeń odżywiania. Z podanych odpowiedzi wybierz właściwą, zgodną z treścią tekstu. Zakreśl literę A, B albo C.**

**Tekst 1.**

'Annie, dinner's ready,' I called to my daughter, wondering if she was going to come down at all. No reply, but a moment later Annie came down the stairs and joined us at the table.

'This portion's way too big! How many times do I have to tell you that?' she nearly shouted.

That kind of behaviour was more and more common for her.

'Darling, just eat as much as you want.' I hated to say that but I was afraid she might not eat anything at all.

'Well, I'm certainly not going to eat those,' she pointed at the few noodles on her plate.

'No carbohydrates, I've told you!'

'Annie, calm down,' my husband said. 'You're hurting your mum. Let's eat, okay?'

'I think I've lost my appetite,' Annie was already getting up from the table. 'If you don't respect my rules, I don't see why I should respect yours,' she added already on the stairs.

A moment later we heard her bedroom door slamming behind her.

**1 Annie got angry at the table because**

- A** she didn't like any of the food served.
- B** she didn't have the time to eat dinner.
- C** she thought she had too much to eat.

**Tekst 2.**

A lot of parents nowadays are worried that their teenage children might develop anorexia. Are you one of them? Have you noticed any warning signs? Don't wait until your child ends up in hospital. Our clinic is a medical and mental treatment unit which specialises in helping teenagers who suffer from eating disorders, such as anorexia nervosa. Our staff are here to help your child regain a healthy body weight and change their thoughts and behaviours. If you are interested in seeing our treatment programmes, you can contact us online or call us on 495 952 4931. Before leaving the website, you may take a closer look at our diagnostic video which is designed to help parents recognise the early symptoms of eating disorders in their children.

**2 The text was written to**

- A** present different eating disorders.
- B** show how to treat eating disorders.
- C** advertise special medical services.

**Tekst 3.**

**Watch out! It could happen to you!**

Teenage girls are under a lot of pressure to look slim and beautiful. This pressure may sometimes lead to anorexia. The following signs may show that your teenage daughter is suffering from an eating disorder:

- She misses or avoids meals.
- She complains about being fat, although she's her normal weight or even dangerously thin.
- She often weighs herself and carefully watches her figure.
- She refuses to eat certain foods which she used to enjoy.

**3 The text is mainly about**

- A** the treatment of anorexia.
- B** the early symptoms of anorexia.
- C** a medical description of anorexia.

**2 Complete the sentences with the correct words.**

1 I used too much lemon, so the dish wasn't sweet enough, it tasted too \_\_\_\_\_.

2 We've nearly run \_\_\_\_\_ of mineral water.

3 The restaurant will certainly be busy on Friday night, so we'd better \_\_\_\_\_ a table in advance.

4 My favourite ice-cream \_\_\_\_\_ is vanilla.

5 She drinks a lot of \_\_\_\_\_ drinks, such as Coke or Fanta.

6 I'm busy cutting up the meat, so could you please \_\_\_\_\_ some potatoes and put them in a saucepan?

### 3 Choose the correct words to complete the sentences.

1 I'm not keen on Mexican **cuisine** / **cookery**. It's far too spicy for me.

2 I love this soup. It's really **tasteful** / **tasty**.

3 Jamie Oliver is a well-known celebrity **chief** / **chef**.

4 I'm allergic to nuts and I always get **spots** / **stains** on my skin if I eat any.

5 The most **popular** / **common** complaint about our school canteen is that it is rather small and has too few tables.

### 4 Write sentences using the ideas below.

1 Powiedz, że tylko częściowo zgadasz się z opinią kolegi.

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2 Powiedz, że obsługa była znakomita.

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### 5 Complete the sentences with the correct words. Some letters have been given.

1 Convenience food is quick and cheap. **H\_w\_ \_ \_**, it isn't very healthy.

2 eating out regularly can be expensive. Another **m\_ \_ \_s** is that you don't practise your cooking skills.

3 We went to a new restaurant in the town centre. A friend **r\_c\_ \_ \_ n\_ \_** we try it.

### 6 Przeczytaj poniższy tekst. Z podanych odpowiedzi wybierz właściwą, tak aby otrzymać logiczny i gramatycznie poprawny tekst. Zakreśl literę A, B albo C.

If you're one of those night owls who stay up till late, you may often feel so hungry in the evening that you can't (1)\_\_\_ a late evening supper. However, if you want to feel good and avoid putting on weight, follow some simple (2)\_\_\_.

First of all, whenever possible, try to eat at least four hours before going to bed. That's the period of time your body needs to digest the food. As for drinks, forget the coffee, but you can drink as (3)\_\_\_ mineral water as you like as it's believed to help digestion.

It's also important to remember that some foods (4)\_\_\_ the evening menu better than others. Try to eat food which is rich in vitamin B because it will (5)\_\_\_ you feel relaxed and will help you to get a good night's rest. On the other hand, stay away from spicy or heavy foods, such as chilli or potatoes.

- |                   |                 |                  |
|-------------------|-----------------|------------------|
| 1 <b>A</b> waste  | <b>B</b> lose   | <b>C</b> miss    |
| 2 <b>A</b> advert | <b>B</b> advice | <b>C</b> opinion |
| 3 <b>A</b> a lot  | <b>B</b> many   | <b>C</b> much    |
| 4 <b>A</b> change | <b>B</b> pass   | <b>C</b> suit    |
| 5 <b>A</b> get    | <b>B</b> make   | <b>C</b> allow   |

Pozdrawiam